



Torbay Assembly

Let's get active

When local people lead communities thrive

Join in

Summer is here!

We are back in full flow as an Action Group — and finding opportunities to be involved and have your voices heard—and there is a lot that has been going on behind the scenes.

Torbay Assembly We work within a range of themes across Brixham, Paignton and Torquay to give local people a voice and have we representatives on planning groups in the Bay. We invite other organisations to link with us to improve inclusion in decision-making through the Torbay Charter. Our Action Group meets monthly, we will run showcase events quarterly, we are seeking people to champion the Age Friendly themes and you are welcome to the Festival on the 17th of September—there is an exciting line-up of events, stalls and performances..

Live Longer Better Is a new initiative in the Bay to keep you fit and active. The aim is to help you lead a life that is full and rewarding for as long as possible. It is also designed to train professionals in the Bay to support you in living longer better. Contact Jess if you would like take part in the training. For further info:

www.torbayassembly.com/live-longer-better/



The Charter — Would you like to represent Torbay communities in working to improve the NHS? Torbay Assembly is looking to recruit volunteers / lay people to represent the Assembly on NHS committees and working groups. If you want to make a difference please get in touch.

Torbay Community Helpline: The Helpline is continuing to grow and support people in the community—if you want to help others or need help yourself please ring us.

Torbay Community Helpline – One call, that's all

To volunteer, request or refer for help in Torbay:
Call – 01803 446022 | Online form

bit.ly/torbayhelpline

Lines open: Mon-Fri, 10am-6pm and Sat, 11:30am-12:30pm

Community Builders are continuing their work in neighbourhoods across Torbay. Contact details: www.torbaycdt.org.uk/about-us/#community-builders--timebank

Torbay Together is a comprehensive website that provides opportunities to exchange skills—as well as find local events in Torbay.
www.torbaytogether.org.uk

AGEING WELL FESTIVAL 2022

Saturday 17th September, 10am-5pm

Riviera International Conference Centre,
Chestnut Avenue, Torquay, Devon, TQ2 5LZ

In-person,
not
online!

**It's back, it's bigger and better
than ever, and all are welcome!**



COMMUNITY
Bringing people together

P: 01803 212638
E: info@torbaycdt.org.uk
W: www.ageingwelltorbay.com/awf22

COMMUNITY
FUND

Join the Assembly

To discuss further please contact:
Jess Slade on 07772023170 or tofaaction@gmail.com
www.torbayassembly.com





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Age Friendly Torbay is coordinated through the Torbay Assembly in partnership with community and statutory organisations. We are an active member of the Age Friendly UK Network and the World Health Organisation Global Network. We are working to improve engagement and communication, increase representation and improve sustainability



We are working to improve outcomes in the areas of: EMPLOYMENT, HEALTH, SOCIAL PARTICIPATION, COMMUNICATIONS, HOUSING, ENVIRONMENT, TRANSPORT, EQUALITY & INCLUSION. Our aim is to work together with people and organisations to develop Torbay as a thriving, inspiring and vibrant place to live and work.

Community Support and Health Services:
Health, social care, volunteering

A person's health status impacts on their ability to work, participate in society and on their quality of life and relationships.

Respect and Social Inclusion:

The extent to which older people participate in the social, civic and economic life of our community is closely linked to their experience of inclusion.

Civic Participation and Employment: ,

We need to ensure older people's rights are maintained as the organisation of work, training and volunteering continues to transform our communities.

Housing:

Good housing is essential to safety and wellbeing and influences the independence and quality of life of people.

Social Participation:

Social participation and social support are strongly connected to good health and wellbeing throughout life.

Outdoor Spaces and Buildings:

The outside environment and public buildings have a major impact on the mobility, independence and quality of life of older people and affect their ability to 'age in place'.

Communication and Information:

Staying connected with events and people and getting timely, practical information to manage life and meet personal needs is vital for active ageing.

Transport:

Integrating good transport with 'Liveable Communities' is important for improving access, connections, social participation and health.

Age Friendly Torbay

To discuss further or tell us your concerns please contact:
Jess Slade on 07772023170 or tofaaction@gmail.com
www.torbayassembly.com

